

IMPLICIT BIAS

AN ACTIVITY IN SELF AWARENESS



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LEARNING OBJECTIVES

- Evaluate personal and professional experiences with bias.
- Build an awareness of perspective in personal and professional roles
- Describe the positive impacts of self-perception for improved clinical outcomes.

Getting to know you

What previous experiences have you had personally or professionally

What is Implicit Bias: Definitions

explicit
associations
categories
unintentionally
learned
stereotypes
consciously
prejudice
nevertheless
automatically
attitudes
bias
qualities
aware
implicit
perceptions
association
social
group
affects

Implicit bias, also known as implicit prejudice or implicit attitude, is a negative attitude, of which one is not consciously aware, against a specific social group. - APA

Implicit bias is a form of bias that occurs automatically and unintentionally, that nevertheless affects judgments, decisions, and behaviors. - NIH

Implicit bias is defined as the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner. - National Underground Railroad Freedom Center

GAME TIME!

Will split into groups of 4

One person will tell 2 truths and 1 lie.

The group will then determine which one is the lie.

Rotate as time allows

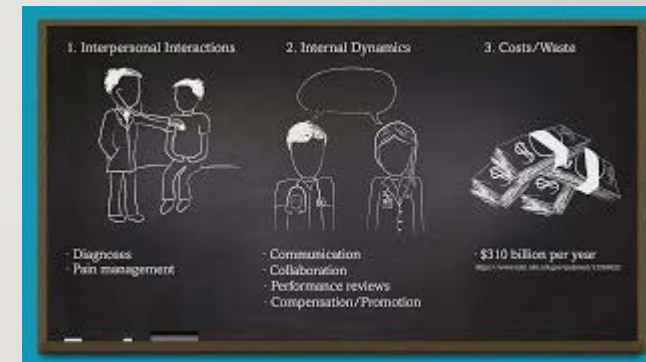


I THOUGHT THIS WAS ABOUT BIAS??

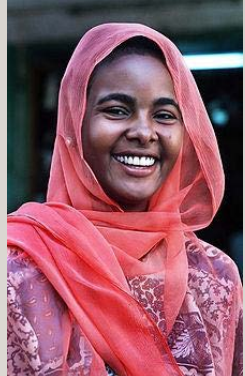
- When faced with information from a person, what are you basing your conclusions on?
 - How much of your conclusion is truly based on that person, their experience, or who they are
 - How much is based on you, your experiences and who you are?
- Does this encounter feel similar to clinical encounters?

BIAS IN THE CLINICAL? SETTING

- How does this correlate to our clinical encounters
- What can we do about it



WHAT DO YOU SEE



WHAT DO YOU SEE?



DISCUSSION

- When have you seen bias in the clinical setting
- Have you realized you were acting in bias in hide sight, or caught it during a visit
- What things have you done to address bias on a personal, or institutional level
- Is Bias on your differential